

CONSTITUTION OF THE LITTLE BADDOW RIDGE RUNNERS CLUB

Foreword

The Constitution Rules and Codes of Conduct are written for the guidance of members who are encouraged to familiarise themselves with the contents. The LBRR Club encourages all members to abide by The Constitution and Member Code of Conduct with an open positive approach, seeking the best interests of all members.

Part One covers Membership of the LBRR (pages 1&2).

Part Two covers the structure and Constitution of the Committee of the LBRR (pages 3,4, & 5)

Part One

Rule 1. Name

1. The Club shall be called the Little Baddow Ridge Runners (LBRR) and be referred to as LBRR in this document.

Rule 2. Objectives

- 1) To provide both athletic and social opportunities for people of all ages to enjoy companionable running at all levels of ability and experience.

Rule 3. Policy

- 1) The Club exists to provide opportunities with the object of promoting running/exercise as a healthy recreation for the benefit of all the members and to also provide social occasions for members.
- 2) 2. For this purpose, running is defined as Road Running, Cross-Country running, Endurance running, Trail Running and Fell Running.

Rule 4.0 Memberships.

- 1) Membership is confined by the rules within the National Athletics Rules (UKA) as to the definition of an Amateur Athlete.
- 2) Consideration for Membership is open to all, regardless of ability, background, ethnic origin, religion, gender, sexual orientation or age, with the exception below:

- 3) Junior runners (as defined by UKA and EA aged under 18) must be accompanied by a parent or designated named guardian who will be legally responsible for the junior at all times.
- 4) New members must apply by completion of a LBRR Membership Form giving all details requested accompanied by the appropriate payment. The Membership Secretary shall ensure new members are aware of and have free access to the Constitution.

Rule 5. Payment of LBRR Subscriptions

- 1) The Subscription will be decided annually at the AGM. The subscription is payable on completion of the yearly membership application form and due after the AGM / on April 1st of each year.
- 2) New members should apply by completion of a LBRR membership form, giving all details requested accompanied by the appropriate payment within 21 days. Final acceptance of Membership applications will be confirmed by the Committee. The Membership Secretary shall ensure new members are aware and have free access to the Constitution.
- 3) The Committee have the power to expel any member, whose subscription is overdue by six months and full details will be notified to EAA in accordance with the National Athletic Rules when required.

Rule 6. Data Protection

- 1) LBRR keeps data of club members from details recorded on the yearly Membership Forms and also a file for medical information for emergency use when required.
- 2) LBRR undertakes that the data provided by members will be used for club purposes and only divulged to members of the LBRR who need the information to carry out their agreed duties.
- 3) It is the responsibility of individual members to inform LBRR of any change of personal details such as address, telephone number, email address or medical conditions.

Rule 7. Sports Equity

Sports equity is about fairness in sport, equality of access, recognising inequalities and taking steps to address them. It is about changing the culture and structure of sport to ensure it becomes equally accessible to everyone in society.

- 1) The club respects the rights, dignity and worth of every person and will treat everyone equally within the context of their sport, regardless of age, ability, gender, race, ethnicity, religious belief, sexuality or social/economic status.
- 2) The club is committed to everyone having the right to enjoy their sport in an environment free of threat of intimidation, harassment and abuse.
- 3) All club members have a responsibility to oppose discriminatory behaviour and promote equality of opportunity.
- 4) The club will deal with an incidence of discriminatory behaviour seriously, according to the club disciplinary procedures.

Rule 8. Conduct of Members

All members are encouraged to make themselves aware of the Athlete Code of Conduct that is attached as an appendix LBRR (Athlete Code of Conduct). It has been adapted for the requirements of LBRR members, from the English Athletics Code of Conduct for Athletes that LBRR is affiliated with. It is expected that members understand this Code of Conduct with a positive thoughtful mind seeking the best interests for all members.

Rule 9. Discipline

Disciplinary action required to be taken against any Individual Member will be the responsibility of a joint decision by the Committee

Rule 10. Visitors

Every Individual Member of the Club shall be allowed to introduce visitors. Every visitor shall be the guest of and be accompanied by the Individual Member introducing him/her. A visitor is someone who participates in the club as a one-off event or on rare occasions throughout the year.

Part Two

Rule 11 Management.

The entire management of the LBRR (except as otherwise provided by these rules re sub committees) shall be deputed to a committee.

The Committee shall consist of the Chairman, Secretary, Treasurer, Membership Secretary, Social Secretary and 2 Little Baddow Sports Club Representatives

Rule 12. Financial Year

The financial year of the LBRR shall end on the last day of March or as close as possible, on which day the accounts of the LBRR shall be balanced.

Rule13. Annual General Meeting

The Annual General Meeting of the LBRR, shall be held in the month of March/April each year upon a date and at a time fixed by the Committee for the following purposes:

- a) To receive the names of members willing to serve on the Committee for the ensuing year.
- b) To receive from the Committee a report, balance sheet and statement of accounts for the preceding year and an estimate of the receipts and expenditure for the current year.
- c) To elect the Chairman and Committee for the ensuing year.

d) To decide on any resolution which may be duly submitted to the meeting.

e) Any Individual Member is entitled to attend and vote.

Rule 14. Election of chairman

At the Annual General Meeting, the Chairman shall retire but shall be eligible for re-election. Any member may propose any other candidate or candidates. The candidate who received the most votes shall be declared elected. They will take up office forthwith.

Rule 15. Chairman and voters

At all committee Meetings of the LBRR, the Chairman or in his absence, a member selected by the meeting, shall take the chair. Every committee member present is entitled to one vote upon every motion. The Chairman is not entitled to vote unless a tie is declared. In the event the Chairman will have a casting vote or may abstain. A deputy Chairman elected for the meeting shall retain their Committee Member voting right.

Rule 16. Quorum

The Quorum at all Committee Meetings shall be 3 Members of the Committee.

Rule 17. Vacancies on committee

In the event of a vacancy on the Committee, the Committee shall have power to appoint any individual Member of the Club to fill such a vacancy.

Rule 18. Sub-committees

The Committee may from time to time appoint from among its Members a Sub-Committee as they may deem necessary and may refer to them such powers and duties as the Committee may determine. A Sub-Committee member can be any individual Member of the LBRR.

Such Sub-Committees shall periodically report their proceedings to the Committee and shall conduct their business in accordance with the directives of the Committee.

Rule 19. Resolutions

Any Member wishing to move any resolution at the Annual General Meeting shall give notice thereof in writing to the Secretary not less than 10 days before the date of the meeting.

Rule 20. Notice of annual or special general meetings

Fourteen days at least before the Annual General Meeting, a printed or written notice of such meeting and of the business to be transacted thereat shall be sent by the Secretary to every Member and no business other than that of which notice has been so given shall be brought forward at such meeting.

Rule 21. Amendments to The Constitution

The Constitution will only be changed through agreement by majority vote at an AGM or EGM.

Rule 22. Borrowing

If at any time the LBRR in a special General Meeting or Annual General Meeting shall pass a resolution authorizing the committee to borrow money, the committee shall thereupon be empowered to borrow money for the purposes of the LBRR. Such amount of money either at one time or from time to time and at such a rate of interest and in such a form and manner and upon such security as shall be specified in such resolution. All members of the LBRR, whether voting on such resolution or not, and all persons becoming Individual Members of the Club after the passing of such resolution shall be deemed to have assented to the same as if they had voted in favour of such resolution.

Rule 22. Dissolution

If at any Annual or Special General Meeting a resolution for the dissolution of the LBRR shall be passed by a majority of the Individual Members present, and such resolution shall at a special General Meeting held not less than one month thereafter, be confirmed by a resolution passed by a majority of two-thirds of the Individual Members voting thereon, the committee shall thereupon or at such future date as shall be specified in such resolution, proceed to realize the property of the club and after the discharge of all liabilities, shall divide the same equitably among all the Members and upon the completion of such division the LBRR shall be dissolved. A quorum of two thirds of the membership must be present at each meeting.

Rule 23. Payment of members

No Individual Member shall (except for professional services rendered at the request of the Committee) receive any commission profit or emoluments from the funds or transactions of the LBRR.