

Race 1 LBRR 5 Mile

Overall Position	Men's Position	Women's Position	Name	Club	M/F	Runner Number	Run Time	Start Time	Finish Time
1	1		James Crisp	Witham RC	M	37	00:41:34	08:49:56	09:31:30
2	2		Andy Ritchings	LBRR	M	121	00:42:03	10:38:09	11:20:12
3	3		Tim Brockington	Springfiled Striders	M	81	00:45:01	09:17:14	10:02:15
4	4		Peter Hodgson	LBRR	M	122	00:46:53	11:03:17	11:50:10
5	5		Mark Hagger	LBRR	M	61	00:48:11	09:04:12	09:52:23
6	5		York Deaver	LBRR	M	62	00:48:11	09:04:12	09:52:23
7	7		Gray Wright	Springfiled Striders	M	82	00:49:17	09:13:27	10:02:44
8	8		Phil Davies	Mid Essex Casuals	M	120	00:50:51	10:19:20	11:10:11
9	9		Andy Carter	Halstead RR	M	69	00:51:37	09:21:57	10:13:34
10	10		Kevin Ellis	LBRR	M	110	00:52:19	09:27:22	10:19:41
11	11		John Carter	Mid Essex Casuals	M	99	00:53:00	09:22:41	10:15:41
12	12		Paul Budgen	LBRR	M	109	00:53:34	09:27:01	10:20:35
13	13		David Hurley	Mid Essex Casuals	M	65	00:54:05	09:21:57	10:16:02
14		1	Sarah Colbert	Springfiled Striders	F	66	00:54:05	09:21:57	10:16:02
15	14		Neil Bradley	Springfiled Striders	M	104	00:54:13	09:28:10	10:22:23
16		2	Angela Dellar	Tiptree Road Runners	F	57	00:56:27	09:02:55	09:59:22
17		3	Caroliene Cameron	Halstead RR	F	67	00:56:54	09:11:38	10:08:32
18	15		David Game	Mid Essex Casuals	M	73	00:57:16	09:15:13	10:12:29
19		4	Sharon Allen		F	76	00:58:02	09:08:42	10:06:44
20	16		Hue Reynolds		M	83	00:58:17	09:16:00	10:14:17
21	17		Sam Reynolds		M	84	00:58:19	09:16:00	10:14:19
22	17		Jo Reynolds		M	85	00:58:19	09:16:00	10:14:19
23		5	Sophie Hayhoe		F	86	00:58:19	09:16:00	10:14:19
24	19		Richard Taylor	Springfiled Striders	M	64	00:59:15	09:12:37	10:11:52
25		6	Karen Beazeley	Springfiled Striders	F	95	00:59:30	09:21:19	10:20:49
26	20		Yan Stiel	Mid Essex Casuals	M	119	00:59:49	10:16:55	11:16:44
27	21		Kevin Wright	Springfiled Striders	M	29	01:00:04	08:38:29	09:38:33
28		7	Janet Hill	Springfiled Striders	F	75	01:00:10	09:06:11	10:06:21
29		8	Kirsty Green	LBRR	F	92	01:01:11	09:19:27	10:20:38
30	22		James Livings		M	93	01:01:11	09:19:27	10:20:38
31		8	Kelly Ysanne		F	94	01:01:11	09:19:27	10:20:38
32	23		Richard Rule	Springfiled Striders	M	22	01:01:21	08:50:40	09:52:01
33	23		Paul King	Springfiled Striders	M	23	01:01:21	08:50:40	09:52:01
34	25		Mike Cotteril	LBRR	M	91	01:01:27	09:27:17	10:28:44
35	26		Ian Brazier	LBRR	M	88	01:01:28	09:27:12	10:28:40
36	27		Bing Crosby	LBRR	M	97	01:01:29	09:27:06	10:28:35
37		10	Marisa Christie	Springfiled Striders	F	47	01:01:40	08:50:40	09:52:20
38		11	Ceri Armstrong	Billericay Strider	F	10	01:02:12	08:37:46	09:39:58
39		11	Lucy Robertson	Thurrock Nomads	F	12	01:02:12	08:37:46	09:39:58
40		13	Katie Rehel	Mid Essex Casuals	F	49	01:02:53	08:49:22	09:52:15
41		14	Rachel Abbott	Mid Essex Casuals	F	103	01:03:35	09:26:19	10:29:54
42	28		Dave Grifley	Springfiled Striders	M	50	01:04:34	08:55:55	10:00:29
43		15	Isobel Gowers	Springfiled Striders	F	33	01:04:37	08:45:34	09:50:11
44	29		Rob Haldane	LBRR	M	14	01:06:34	08:32:59	09:39:33
45		16	Wendy Carter	Halstead RR	F	68	01:06:59	09:04:36	10:11:35
46		17	Nicole Smith	Halstead RR	F	51	01:07:01	09:04:36	10:11:37
47			Ian Foskew	Mid Essex Casuals	M	74	01:07:21	09:15:13	10:22:34
48	31		Simon Morgan	Colchester Harriers	M	45	01:07:43	08:50:55	09:58:38
49		18	Abigail Morgan	Invicta Kent AC	F	46	01:07:45	08:50:55	09:58:40
50		19	Kerry Marsh	Springfiled Striders	F	118	01:08:05	09:45:11	10:53:16
51		20	Lisa Clark		F	77	01:08:09	09:15:47	10:23:56
52		21	Lottie Armitage		F	78	01:08:11	09:15:47	10:23:58
53		22	Fay Smalls	Colchester Harriers	F	38	01:08:19	08:44:36	09:52:55
54	32		Nick Richards	LBRR	M	117	01:12:38	09:40:06	10:52:44
55		23	Dawn Shilling	Mid Essex Casuals	F	7	01:13:08	08:35:19	09:48:27
56	33		Noel Merrins		M	8	01:13:11	08:35:19	09:48:30
57		24	Pat Rhodes	Tiptree Road Runners	F	111	01:13:25	09:31:49	10:45:14
58	34		Mathew Lock	Tiptree Road Runners	M	114	01:13:32	09:31:49	10:45:21
59	35		Ian Rhodes	Tiptree Road Runners	M	112	01:13:40	09:31:49	10:45:29
60		25	Fiona Lock	Tiptree Road Runners	F	113	01:13:40	09:31:49	10:45:29
61		26	Sarah Orley	LBRR	F	70	01:14:04	09:04:12	10:18:16
62		26	Linda Curran	LBRR	F	71	01:14:04	09:04:12	10:18:16
63	36		Peter Bates	Pitsea RC	M	48	01:15:16	09:10:31	10:25:47
64	37		Darran Hull	Springfiled Striders	M	58	01:17:37	08:58:52	10:16:29
65	37		George Hull	Springfiled Striders	M	59	01:17:37	08:58:52	10:16:29
66		28	Wendy Smalley	Mid Essex Casuals	F	1	01:21:11	08:30:07	09:51:18
67		28	Heather Jackson	Mid Essex Casuals	F	4	01:21:11	08:30:07	09:51:18
68		30	Melanie Sirret	Springfiled Striders	F	3	01:21:15	08:30:07	09:51:22
69	39		Robert Teer	Thurrock Nomads	M	11	01:23:17	08:37:46	10:01:03
70	40		Richard Sirret	Springfiled Striders	M	2	01:25:00	08:30:07	09:55:07
71		31	Rebecca McVelia	Tiptree Road Runners	F	15	01:35:15	08:44:57	10:20:12
72		32	Anita Leaver	Tiptree Road Runners	F	27	01:38:15	08:41:57	10:20:12
73		33	Suzanne Kuysen	Springfiled Striders	F	89	02:06:37	09:12:56	11:19:33
74		33	Ann Miller	Benson Striders	F	90	02:06:37	09:12:56	11:19:33
75		35	Gill Crosby	LBRR	F	98	02:20:42	09:21:19	11:42:01
76		36	Wendy Richards	LBRR	F	107	02:20:46	09:21:19	11:42:05